

Royal Oak Schools

2024

Summer

Sports Camps

Activities for Students

Boys & Girls Tennis Camp

This camp will focus on group instruction and drills that are designed to introduce and improve tennis skills in a supportive and fun environment. Campers will learn forehand, backhands, serves, volleys, and court movement. There will be individual and team games with fun awards and prizes. Campers should wear tennis shoes, shorts and t-shirts and should bring their own racquet. Caps and visors are also suggested. Campers will have two breaks and should bring a snack; a bottle filler is in the area for bottle refills. Camp Coordinator: Kevin Friesen, Royal Oak High School Varsity Tennis Coach. **Location: Royal Oak High School Tennis Courts**

Date	Time	Ages	Cost
June 17—June 20 (Rain date 6/21)	9:00 a.m.—11:30 a.m.	8—14	\$100
July 22—July 25 (Rain date 7/26)	9:00 a.m.—11:30 a.m.	8—14	\$100

Boys Basketball Fundamental Camp

The Royal Oak Boys Basketball camp is designed to teach the fundamental aspects of basketball while also enhancing your child's love for the game. Royal Oak basketball Coach and Detroit Pistons Camps Director, Aaron Smith, along with his staff, will implement fun and unique drills that will surely challenge campers of all ages and skill level. Camp activities will include a heavy emphasis on fundamental skill work, 5 on 5 games, fun competitions and much more! All campers will be grouped according to age and skill level. Camp Coordinator: Aaron Smith, Royal Oak High Boys Varsity Basketball Coach. **Location: Royal Oak High School Gym**

Date	Time	Ages	Cost
June 18—21	1:00—4:00 p.m.	7—14	\$110

Girls Basketball Camp

This camp will focus on individual and group instruction with drills designed to improve fundamental basketball skills and help each player gain confidence in her own abilities. Offensive skills (shooting, passing, dribbling, triple threat), defensive skills (footwork, boxing out, on the ball/ball side/help side), team offense and defense will be taught. There will be skill contests and team contests. Camp Coordinator: Brian Sopata, Royal Oak High School Varsity Girls Basketball Coach. **Location: Royal Oak High School Gym**

Date	Time	Ages	Cost
June 17—June 20	9:00 a.m.—Noon	Grades 3-8	\$110

Wrestling Camp

This camp will focus on group instruction and drills that are designed to introduce the sport of wrestling to young athletes and improve existing wrestling skills in a supportive and fun environment. Campers will learn basic body control, takedowns, breakdowns, and pinning combinations. There will be opportunities to engage in competitive drilling and practice live wrestling while learning about the rules of a match. Campers should wear tennis shoes, socks, shorts and a t-shirt with the option to bring your own wrestling shoes. A hand towel and water bottle are recommended. Water will be provided for bottle refills. Camp Coordinators: Jeff Bowman and Scott Kortlandt, Royal Oak Wrestling Coaches. **Location: Royal Oak High School Gym**

Date	Time	Ages	Cost
June 17—June 20 (Youth Camp)	5:00—6:30 p.m.	Grades 4-7	\$75
June 17—June 20 (Advanced Camp)	6:30—8:00 p.m.	Grades 8-10	\$75

Swim Camp

Dive into the exhilarating world of swimming. This camp is tailored for swimmers of all levels. This immersive program promises days filled with excitement and skill refinement. Participants will engage in targeted drills aimed at enhancing stroke mechanics, perfecting turns, and mastering starts. Campers will experience progression in their swimming abilities through personalized instruction and age-appropriate groupings. A friendly swim meet will provide the perfect platform for showcasing newfound skills. Essential items to bring are swimwear, goggles, a towel, and a water bottle. Requirements: Participants must be able to safely swim two laps of the pool freestyle. Camp Coordinator: Alex Buckheim, Royal Oak Middle School/High School Swim Coach. **Location: Royal Oak Middle School Pool**

Date	Time	Ages	Cost
June 25—28	4:00—5:30 p.m.	8—15	\$75

Softball Camp

This camp will focus on individual and group instruction with drills designed to improve fundamental softball skills and help each player gain confidence in abilities and knowledge of the game. Offensive drills (hitting, bunting, base running, pitch selection), defensive skills (infield, outfield, footwork), and softball situations will be taught. All campers will be grouped based upon age and skill level. Camp Coordinator: Katrina Glowacki, Royal Oak High School Varsity Softball Coach. **Location: Royal Oak High School Softball Field**

Date	Time	Ages	Cost
July 8—10	9:00—11:30 a.m.	8—14	\$90

Future Ravens Football Camp

The Royal Oak Ravens Youth Football Camp is a one day camp that will focus on player development while improving technique and skills in drills. A Flag Football game will also be played to show off these learned skills. This camp will be instructed by members of the Royal Oak High School Football coaching staff and varsity players. Campers will be matched up by their age group. Campers should bring water, cleats (no metal spikes), and a good pair of running shoes. Camp Coordinator: Colin Campbell, Royal Oak High School Varsity Football Coach. Location: **Royal Oak High School Stadium**

Date	Time	Ages	Cost
July 9—11	9:00—11:00 a.m.	9—13	\$90

Boys & Girls Soccer Camp

Be a part of the second Royal Oak High School Soccer Camp! This camp is for players of all ability levels, ages 8-13, to have fun while developing their soccer skills. This four day camp will focus on improving individual technical skills while fostering teamwork and sportsmanship through daily challenges and small sided games. Camp ends with the Celebration of Champions where we recognize the winners of each challenge and take a group photo while sporting your camp t-shirt! Camp Coordinators: Varsity Coaches Joe Shamanski and Melissa VanGorden, both USSF licensed coaches. They will be assisted by current Royal Oak High School soccer players. **Location:** Royal Oak High School Stadium Field

Date	Time	Ages	Cost
July 8—11	9:00 a.m.—11:30a.m.	8—13	\$100

Volleyball Camp

Start your volleyball career off in the right direction! This camp will focus on the basic fundamental skills of volleyball including: passing, setting, hitting and serving as well as strategy to improve one's overall game. Your child will have a positive experience at our camp, regardless of skill level. Spaces limited. Camp Coordinator: Kaitlyn Miller, Ciara Schultz and Gillian Young Royal Oak High School Volleyball Coaches. **Location:** Royal Oak High School Gym

Date	Time	Ages	Cost
July 15—18	4:00—6:00 p.m.	9—14	\$90

Tee Ball Camp

A fun and exciting introduction to baseball and the use of a batting tee!! Throwing, ground ball and fly ball techniques will be introduced as well as base running and hitting off a tee. Class is limited to 16 players per session. All players will receive daily prizes! Camp Coordinator: Greg Porter, Royal Oak High School Varsity Baseball Coach. **Location:** Royal Oak High School Baseball Field

Date	Time	Ages	Cost
July 29—August 1	9:00—9:30 a.m.	4—6	\$35

Baseball Camp

Participants will be instructed in all areas of the game of baseball. Fundamentals will be emphasized through the use of station work and a variety of baseball drills. Players are placed based upon ability and age appropriateness. Areas of development include but are not limited to: individual skills of infield, outfield, pitching, catching, hitting, bunting, and base running. Team skills include: cut-offs/relays, bunt defense, double plays, team offense and team defense. Camp Coordinator: Greg Porter, Royal Oak High School Varsity Baseball Coach. **Location:** Royal Oak High School Baseball Field

Date	Time	Ages	Cost
July 29—August 1 (Youth Camp)	9:45 a.m. —Noon	7—12	\$95
July 29—August 1(Advanced Camp)	10:00a.m —Noon	13—17	\$95

Raven Invasion Cheerleading Camp

Build your cheer skills and join the Royal Oak Cheer team at a game this season! This three day camp is for those who want to perfect their cheer technique or try cheerleading for the first time. Campers will learn proper motions/placement, jumps, basic tumbling, stunting safety and basic/intermediate stunt sequence. We will also teach favorite Raven Sideline chants and cover sideline etiquette that will be used when campers join the ROHS Varsity Cheer Team at a football game this season (game date TBD). Each camper should wear shorts (with briefs/Nike pro-like bottoms under), t-shirt, gym shoes and bring a water bottle. Game day jersey will be provided. Camp Coordinator: Alex Zubke, ROHS Cheer Program Head Coach. Location: Royal Oak High School Stadium

Date	Time	Ages	Cost
July 30—August 1	4:00—6:30 p.m.	Grades 1-5	\$100

